

MILKY WAY Lowfat Frozen Yogurt - CARAMEL SWIRL AND CHOCOLATE CHUNKS IN MALT FLAVORED YOGURT

Ingredients - Skim milk, cultured skim milk (contains active yogurt cultures), sugar, corn syrup, maltodextrin, malt, dutch cocoa, caramel color, vanilla, chocolate liquor, cocoa butter, coconut oil, stabilizer (carob bean gum, guar gum, soy lecithin, carrageenan, and dextrose), citric acid, xanthan gum, artificial flavor, salt and natural flavors.

Nutrition Facts			
Serving Size 1/2 cup (74 g)			
Servings Per Container 8			
Amount Per Serving			
Calories 130		Calories from Fat 20	
% Daily Value*			
Total Fat 2g			3%
Saturated Fat 1g			5%
<i>Trans</i> Fat 0g			
Cholesterol 5mg			2%
Sodium 100mg			4%
Total Carbohydrate 26g			9%
Dietary Fiber 0g			0%
Sugars 20g			
Protein 3g			
Vitamin A 0%	?	Vitamin C 0%	
Calcium 10%	?	Iron 0%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 ? Carbohydrate 4 ? Protein 4			