WATERMELON Sherbet

Ingredients - Milk, water, sugar, corn syrup, skim milk, citric acid, natural flavors, guar gum, mono- & di-glycerides, carob bean gum, gum karaya and red #40.

Nutrition Facts

Serving Size 1/2 cup (85 g)
Servings Per Container 8

Amount Per Serving

Calories 120	Calories from Fat 10

	% Daily Value*
Total Fat 1g	**2%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 5mg	**2%**
Sodium 20mg	**1%**
Total Carbohydrate 28g	**9%**
Dietary Fiber 0g	**0%**
Sugars 21g	
Protein 1g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 4%	•	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4