

**MONSTER MASH Ice Cream - VANILLA ICE CREAM, OREO COOKIE PIECES, M&M'S, MALTED MILK BALLS, AND A DELICIOUS CARAMEL SWIRL**

Ingredients - Milk, cream, sugar, corn syrup, skim milk, cocoa, gelatin, flour, malt powder, malt syrup, vegetable oil, soy lecithin, artificial flavors, ground peanuts, and yellow #5.

<b>Nutrition Facts</b>			
Serving Size 1/2 cup (74 g)			
Servings Per Container 8			
<b>Amount Per Serving</b>			
<b>Calories</b> 190		Calories from Fat 80	
<b>% Daily Value*</b>			
<b>Total Fat</b> 10g			<b>15%</b>
Saturated Fat 6g			<b>30%</b>
Trans Fat 0g			
<b>Cholesterol</b> 30mg			<b>10%</b>
<b>Sodium</b> 75mg			<b>3%</b>
<b>Total Carbohydrate</b> 24g			<b>8%</b>
Dietary Fiber 0g			<b>0%</b>
Sugars 16g			
<b>Protein</b> 3g			
Vitamin A 6%	?	Vitamin C	0%
Calcium 8%	?	Iron	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 ? Carbohydrate 4 ? Protein 4			