

CHOCOLATE PEANUT BUTTER CUP Frozen Yogurt - PEANUT BUTTER CUPS IN CHOCOLATE YOGURTSWIRLED WITH PEANUT BUTTER

Ingredients - Milk, cultured skim milk (contains active yogurt cultures), sugar, peanuts, cream, skim milk, corn syrup, stabilizer (carob bean gum, guar gum, soy lecithin, carrageenan and dextrose), cocoa butter, partially hydrogenated palm kernel oil, and coconut oil.

Nutrition Facts	
Serving Size 1/2 cup (74 g)	
Servings Per Container 8	
Amount Per Serving	
Calories 180	Calories from Fat 80
% Daily Value*	
Total Fat 9g	14%
Saturated Fat 3.5g	18%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	3%
Sodium 100mg	4%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	4%
Sugars 15g	
Protein 5g	
Vitamin A 2%	• Vitamin C 0%
Calcium 8%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	